**Rock Skills Learn to Lead Trad Climbs**

Mountain Training’s two-day [Rock Skills Learn to Lead Trad Climbs](https://www.mountain-training.org/personal-skills/rock-skills/learn-to-lead-trad-climbs) course will provide you with the skills you need to participate in traditionally (trad) protected climbing, including an introduction to leading simple trad climbs. This course is also ideal if you are looking to improve your confidence or refresh your personal trad leading skills with the aim of helping you to become an independent climber.

Mountain Training aims to inspire, enable and develop people in walking, climbing and mountaineering through the provision of nationally and internationally recognised skills training and leadership qualifications. All Mountain Training courses are quality assured.

[Mountain Training: Our Ethos](https://www.youtube.com/watch?v=PzqVFu7N-RA)

**How to book onto a course**

To attend a Rock Skills Learn to Lead Trad climbs course you will need:

* to be at least 14 years old.
* Have belayed on at least 20 occasions
* Have seconded a minimum of 20 rock climbs at Very Difficult (VDiff) or above; OR have led 20 sport climbs (indoors or outdoors). To have logged 20 indoor or outdoor climbs. Have belayed on at least 20 occasions.

Desirable - Completed Rock Skills Intermediate and/or Rock Skills Learn to Lead Sport Climbs

We will register you with Mountain Training prior to the course so you can be credited with attendance. If you’ve already got an account on Mountain Training’s Candidate website, please share your ID number with us on booking.

**Digital logbook (DLOG)**

Once you have been registered onto the scheme you will have access to an account with Mountain Training which includes a digital logbook (DLOG). Here you can log personal climbing days, it’s a great way of storing all your outdoor experience in one place.

If you need help connecting to your account, information can be found here: [Connect with your account](https://www.mountain-training.org/personal-skills/connect-with-your-account)

If you have any questions about adding entries: [DLOG FAQs](http://www.mountain-training.org/faqs/cms-and-dlog)

# **Rock Skills Learn to Lead Trad Climbs - course content**

# The Rock Skills Learn to Lead Sport Climbs syllabus covers the following aspects:

1. Background and Planning

2. Climbing Skills

3. Equipment

4. Technical skills

5. Environmental Knowledge

6. Hazards and Emergency Procedures

**Access to courses**

Mountain Training is committed to ensuring that everyone has equal opportunity to attend our courses. If you have a particular need that requires extra assistance, please discuss it with Mountain Training or your provider. [More information can be found here](https://www.mountain-training.org/help/resources/support-for-people-with-additional-needs)

**Sustainable Transport**

Mountain Training recognises that climbing, hill walking and mountaineering impact on the environment, and acknowledges the responsibility to take reasonable measures to safeguard the environment for both the present and future generations. We therefore ask participants to consider sustainable transport to access courses. [The BMC Community Liftshare site](https://thebmc.co.uk/bmcs-launches-lift-share-site)



**Partnerships**[Cotswold Outdoors and their partner brand Snow & Rock](https://www.cotswoldoutdoor.com/our-partners/mt-skills-courses.html) are the “Official Skills Partner” of the Mountain Training skills courses. They promote our skills schemes to a wide audience as well as support participants with kit advice (follow link above) and a 15% discount instore and online.

[British Mountaineering Council](https://thebmc.co.uk/en) - The British Mountaineering Council (BMC) is the national representative body for England and Wales that exists to protect the freedoms and promote the interests of climbers, hill walkers and mountaineers.

**Insurance**

Mountain Training recommends you consider personal accident and cancellation insurance. If you already have insurance cover, check that it covers you for the activity you are undertaking.