



Indoor Climbing Assistant - Candidate assessment notes

Course dates		No. of candidates on course		Note set no.	
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Candidate name				
Dlog experience <i>Prerequisite requirements:</i> - Competence in the basic skills of belaying, harness fitting and tying on - 5 indoor and/or 5 outdoor climbing sessions logged in DLOG. There is no personal climbing requirement for these sessions; you can have just belayed, but it is useful to have experience of climbing e.g. bottom roping or top roping.				
Additional info <i>Incl. reasonable adjustments</i>				

CANDIDATE NAME:

TECHNICAL COMPETENCE

1. Equipment

2. Belaying

3. Personal skills

**4. Background
knowledge**

MANAGEMENT AND DECISION MAKING

**5. Assistant
responsibilities**

**6. Leadership and
decision-making**

**7. Knowledge and
demonstration of
techniques**

**8. Hazards and
emergency procedures**

9. Working with other staff

TEACHING AND LEARNING SKILLS**10. Teaching and learning****THE CLIMBING ENVIRONMENT****12. Etiquette and ethics****Additional info:**

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Indoor Climbing Assistant syllabus

TECHNICAL COMPETENCE

1. Equipment

- 1.1 Name and understand the use of basic climbing equipment.
- 1.2 Fit basic climbing equipment.
- 1.3 Demonstrate an ability to evaluate the condition of basic climbing equipment

2. Belaying

- 2.1 Tie into the rope. Attach group members to the rope with and without a karabiner.
- 2.2 Demonstrate the use of direct and indirect belay systems set up by the supervising instructor.
- 2.3 Use different belay techniques/devices.
- 2.4 Bottom rope belay a climber competently, hold falls and control lowers.
- 2.5 While out of the rope system, assist a belayer to take in, hold a fall and control a lower.

3. Personal skills

- 3.1 Demonstrate evidence of ongoing access to climbing walls for personal use.
- 3.2 Understand the importance of centre of gravity in climbing movement.

4. Background knowledge

- 4.1 Describe and use common terminology for climbing.
- 4.2 Describe the role and philosophy of Mountain Training and its schemes, the mountaineering councils, climbing clubs and the NICAS schemes.
- 4.3 Describe the basic concept of grading.

MANAGEMENT AND DECISION MAKING

5. Assistant responsibilities

- 5.1 Assist an instructor in liaising with climbing walls, parents, group members and organisations.
- 5.2 Demonstrate an awareness of environmental hazards and other site users.
- 5.3 Describe their duty of care in relation to assisting, including safeguarding issues specific to supervising young people and vulnerable adults.

6. Leadership and decision-making

- 6.1 Demonstrate good conscientious behaviours for arrival, activity and departure.
- 6.2 With support from the supervising instructor, demonstrate adaptable leadership behaviours and decision-making
 - 6.2.1 Monitor the group, environmental conditions and activity, and can adapt their behaviours and decision-making to meet ongoing safety, group and task requirements
 - 6.2.2 Be consistent and confident in their decision-making to achieve positive outcomes and communicate these clearly to the group.

7. Knowledge and demonstration of techniques

7.1 Under direction, deliver technical instruction to individuals and the group including:

7.1.1 Fitting of suitable harnesses.

7.1.2 Attaching the rope to the harness.

7.1.3 Effective belaying.

7.2 Under direction, manage a basic safe warm up session.

7.3 Under direction, supervise one bottom roping party, providing back up where

Appropriate

7.4 Under direction, assist in the safe supervision of bouldering activities with groups (including spotting where appropriate).

8. Hazards and emergency procedures

8.1 Avoid common problems when assisting supervising a roped party.

8.2 Demonstrate an awareness of fall zones, lower off zones and trip hazards.

9. Working with other staff

9.1 Describe their role and responsibilities in supporting a qualified instructor.

9.2 communicate effectively with a qualified instructor.

TEACHING AND LEARNING SKILLS

10. Teaching and Learning

10.1 Assist a qualified instructor in maintaining a positive learning environment for all participants.

10.2 Communicate effectively and appropriately both with a group and individuals.

THE CLIMBING ENVIRONMENT

11. Etiquette and Ethics

11.1 Demonstrate an awareness of the impact the group they are with may have upon other site users.